

## Limbo or High Jump Poles

It can be very expensive to purchase equipment, suitable for doing the limbo and also high jump. The main problem that people encounter, is finding a way of adjusting the horizontal bar on the two upright poles.

The following method has been devised and has been in use now for many years.

### **You will require:**

1 length of half round dowel painted in whatever garish colour takes your fancy.

2 upright poles. These can be made simply from two 3/4 inch dowels, stuck into simple wooden base plates so that they will stand upright. The members of the Aston Academy of Magic use chrome plated microphone stands for their uprights, as they collapse down small for transporting around to different shows and events.

We also place different cartoon characters on the tops of the poles for different parties. The local drug store such as Boots in England sell bubble bath in plastic containers shaped like various cartoon characters. These are excellent to put on top of the poles and make the game a bit more exciting for the children to play.

Now for the secret gizmo, which allows you to adjust the height of the horizontal bar on the two upright poles.....4 large spring clothes pegs or clothes pins, the sort which open like crocodiles jaws. If you place two of these pegs on each upright, one peg sitting on top of the other, you will be able to rest the bar on them. As the bar is half round it will not roll off.

To adjust the height of the bar, you simply squeeze the pegs to open the jaws, slide the pegs to the position on the uprights that you require and then release them. It really is that easy. You can if you wish make marks on the upright poles to indicate the height but for doing the limbo we have not found this to be necessary.

We regularly use this equipment for children of all ages and also for teenagers and adults. The limbo is a very popular item at parties and keeps people entertained and participating for a long time.